

Who is Who: OSCE and Ukraine Institutions

Organisation for Security and Co-operation in **Europe** **(OSCE)**

OSCE Director of the Conflict Prevention Center: Mr. Marcel Pesko

eMail: 07.03.2018

The OSCE Project Co-ordinator in Ukraine's (PCU) works together to engage in human security programmes with the Ukrainian government.

- Their objective is to promote safety for communities and vulnerable people.
- The objective of the PCU's project in this sphere is to strengthen mechanisms for the safe integration of people affected by conflict and gender-based violence. This includes former combatants and victims of domestic violence.

The project results should be achieved through the support provided to the development of several pieces of legislation, in particular: subordinate legislation to the law of Ukraine for the prevention and combating of domestic violence; state standards; and subordinate legislation on the psychological rehabilitation of ex-combatants. The PCU is assisting in the development of an on-line module for social service providers on combating domestic violence, and conducting regional trainings for psychologists on the implementation of a corrective programme for domestic violence perpetrators.

As to an overall government "Re-integration strategy", Mr. Pesko points out that the Ukrainian Ministry of Temporarily Occupied Territories" is responsible.

Team Project Coordinator OSCE Ukraine: Lidiia Malogulko. eMail: 20.02.18

Mental Health & Psychosocial Support (MHPSS), Ukraine. Contact. Lidiia.Malogulko@osce.org. Tel: 0952886056,

The OSCE Project Co-ordinator in Ukraine is implementing projects at the request of governmental partners. Our programme is assisting the Ministry of Social Policy of Ukraine in this matter. Here are some **specific project activities** related to the topic:

- Assisting Ministry of Social Policy of Ukraine in drafting several pieces of legislation addressing needs of IDPs and assistance to ex-combatants;
- Developed and conducted piloting of the training course and manual on psychological rehabilitation of conflict-affected populations;
- Developed and printed leaflets and info guides to inform ex-combatants about employment and re-training opportunities.

OSCE is not doing psychotherapy or providing direct assistance to ex-combatants. In this matter Mrs. Malogulko advises us to officially contact the state authorities and non-governmental organizations to get more information.

(Internet source; Mental Health & Psychosocial Support (MHPSS) 2016

Sub Cluster Meeting – Report: OSCE project coordinator in Ukraine: a joint project with the Ministry of Social Policy aimed at psychological rehabilitation of demobilized soldiers of ATO as well as improvement of legislation in this area. A study is planned. We are looking for expert lawyers and experts psychologists. Please contact Lidia Malogulko)

Liliya Grudko | Human Security Programme Manager. eMail: 12.03.2018

Team: OSCE Project Co-ordinator in Ukraine, Head of Human Security Unit

Liliya Grudko is head of a human security unit; the portfolio she is responsible for includes the projects on assistance to conflict-affected population. Within the framework of the project she is currently developing the manual on providing psychological assistance to ex-combatants. The manual is currently under revision and is awaiting approval for further publishing and distribution (in the Ukrainian language). “As soon as we get the manual printed, Mrs. Grudko points out that she will gladly share with us the final printed version.”

Most probably the process will be finalized in June, so we'll keep you informed.

Ukraine Institutions

National University of "Kiev - Mohyla Academy" eMail: 23.02.2018

(Source Internet: <http://orf.at/stories/2424616/2424617/>)

Contact: Frau Victoria Solovyvov, Tel: 0508772382. Head of the Psychosocial Rehabilitation Center, National University of "Kiev - Mohyla Academy" for the region Donezk. Information: eMail 23.02.2018.

This Center has been working for 8 months on crisis counselling and psychotherapy services for the population of Pokrovskaya and cities near the frontline.

Therapy used:

The center has psychiatrists with psychiatric education in:

- Transactional analysis
- Gestalt therapy
- DIRfloortime therapy is used for children on the autistic spectrum.
- Art therapy methods and group sand therapy, expressive sand work project.

Planned: Training in cognitive - behavioural methods.

War Victim: Ukraine is using a common approach with the leadership of the inter agency standing committee (IPC) and a resiliency approach for psychosocial support in emergency situations.

The state concept for the protection and preservation of mental health is being worked out and will soon come into effect.

Mrs. Solovyova pointed out that she is interested in a cooperation.

IVANKIVSKY CENTER FOR SOCIO-PSYCHOLOGICAL REHABILITATION

Director of the Center: Galina Babich. Contact: dovira_centre@ukr.net

Founded: 1994, UNESCO-Chernobyl Programm (Projekt 64) und Ukrainische Regierung – MinChernobyl.

Informationsheet given by the Center:



Буклет про
психологічну допомогу



Іванків Буклет ВПО
2018_Infosheet.pdf

Focus:

- The Chernobyl disaster 30 years ago and its consequences for the population
- War in Eastern Ukraine. Since 2015, ATO participants and their families have become the main priority in the work.

Summary of the work they are doing:

Psychological Consulting:

- Individual and group counselling using psycho-relaxation techniques,
- autotraining
- techniques of Lucy Palladin
- "Squares", progressive muscle relaxation by Jacobsan,
- body-oriented therapy,
- art therapy;
- Techniques "key of Khasan Aliyev" and others.

In general, work with military personnel is aimed at reducing the avoidance of psychological trauma, creating a positive attitude towards therapy and forming a positive attitude to the symptoms (training the client to perceive their disorder as normal for such a situation, which they survived) and thereby prevent injury through these disorders.

Social work: Self-help groups; Support, Social support, Mass events, etc.

The Center provides legal advice and insignificant physical rehabilitation. To this end, they use the center, orbitreck, fitness center, exercise bike, massage chair - equipment that has been donated to us by one of the foundations.

We also work with displaced persons from Eastern Ukraine and the Crimea; they can also be called refugees.

Galina Babich points out that the center is funded by the state in a limited way, so they would be pleased to respond our project, especially if it will be associated with **people with military injuries**.

He points out that there is no general concept of reintegration and rehabilitation in Ukraine, but it is the state target program on physical, medical, psychological rehabilitation and social and professional readaptation of participants in the antiterrorist operation, scheduled for the period up to 2022.